

# ABOUT SERVICE DOGS FOR AMERICA

Service Dogs for America (SDA) trained its first service dog in 1989 and placed it with SDA's first client in 1990. In 1992, SDA was officially designated as a 501(c) (3) nonprofit organization. SDA is an accredited service dog school member of Assistance Dogs International.

The mission of SDA is to: "train and certify service dogs for individuals with disabilities"

The following describes the different	types of dogs trained and placed by SDA				
Mobility Assistance Dog	Mobility Assistance Dog - Task Training				
Assists with (but not limited to) the following types of diseases or	Retrieve dropped object.				
injuries:	Open interior/exterior doors.				
Amputation	Retrieve a beverage, medication, or other item from				
Arthritis	a refrigerator.				
Cerebral Palsy	<ul> <li>Bring medication and/or a beverage to a person on</li> </ul>				
Multiple Sclerosis	command or when alerted to do so by a				
Muscular Dystrophy	timer/alarm.				
Paraplegia	<ul> <li>Help a person stand and brace.</li> </ul>				
Parkinson's Disease	<ul> <li>Stabilize during walking.</li> </ul>				
• Spina Bifida	<ul> <li>Assist in pulling a manual wheelchair.</li> </ul>				
• Stroke	<ul> <li>Turn lights on or off.</li> </ul>				
Tetraplegia	<ul> <li>Pull/push/open door, drawer, or cupboard.</li> </ul>				
<ul> <li>Traumatic brain or spinal cord injury</li> </ul>	<ul> <li>Operate handicap door switch.</li> </ul>				
	<ul> <li>Retrieve a phone or other specified object to</li> </ul>				
	person's hand or lap.				
	<ul> <li>Get help by alerting another person in the</li> </ul>				
	environment.				
	<ul> <li>Activate an electronic alert system.</li> </ul>				
	<ul> <li>Assist a person in removing/putting on clothing.</li> </ul>				
	<ul> <li>Carry medication, wallet, etc.</li> </ul>				
	<ul> <li>Dog can perform skills while client is using adaptive</li> </ul>				
	equipment such as a wheelchair, scooter, walker or				
	specialized leash or harness.				
Diabetic Alert	Diabetic Alert				
Emergency Medical Response Dog (EMRD) Assists with (but not limited to) the following diagnoses:	(EMRD) - Task Training				
Type I/Brittle Diabetes	<ul> <li>Alert individual and/or caregiver to significant changes in low blood sugar.</li> </ul>				
<ul> <li>Hypoglycemia (low blood sugar levels)</li> </ul>	<ul> <li>Remind to test blood sugar at the sound of an alarm.</li> </ul>				
• Hypogiyceriila (low blood sugar levels)	-				
We only train for hypoglycemia (low blood sugar levels), not	<ul> <li>Get help by alerting another person in the environment.</li> </ul>				
hyperglycemia (high blood sugar levels).					
nypergrycernia (nign bioda sagar ievels).	<ul> <li>Activate an emergency button, electronic alert system, or pull cord.</li> </ul>				
We do not train dogs to assist an individual with Type II Diabetes.	<ul> <li>Retrieve a beverage, medication, or other item from</li> </ul>				
	a refrigerator.				
	<ul> <li>Lie close to the client, nudging, licking, lying on the</li> </ul>				
	client during an event.				
	<ul> <li>Carry medication, wallet, etc.</li> </ul>				



Fmergency	Seizure Response Medical Response Dog	(FMRD)	Seizure Response (EMRD) - Task Training
Assists with (but not limite • Absence			• Lie close to the client, nudging, licking, lying on the client during an event.
<ul><li> Atonic</li><li> Partial Complex</li></ul>	<ul> <li>Myoclonic</li> <li>Partial Simple</li> </ul>	<ul> <li>Tonic-clonic</li> <li>Status Epilepticus</li> </ul>	<ul> <li>Get help by alerting another person in the environment.</li> <li>Retrieve an object, such as a phone or medication.</li> </ul>
We do not train service do seizures such as:	·		<ul> <li>Activate an emergency button, electronic alert system, or pull cord.</li> <li>Carry medication, wallet, etc.</li> </ul>
Pseudo	<ul> <li>Psychogenic</li> </ul>	<ul> <li>Cryptogenic</li> </ul>	
Psychiat Assists with: • Post-Traumatic St A trained PTSD service dog replace a current theraped trained to mitigate and dis individual's PTSD and cont well-being. We do not train service do mental health issues includ disorders, etc. We do not train service do diagnosis of autism. Autis	g is a tool and is not inte utic or medication treat stract from possible stre ribute to their physical, ogs for individuals with ding personality disora	ended to substitute or ment plan. The dog is essors related to an emotional and social <b>multiple complex</b> <b>lers, somatoform</b> <b>have a coexisting</b>	<ul> <li>PTSD Service Dog - Task Training</li> <li>Interrupt anxiety or distress and provide psycho- emotional grounding by nudging, pawing, and leaning.</li> <li>Assist a person in waking from night terrors and nightmares.</li> <li>Distract a person from an event or specific maladaptive behavior by nudging, pawing, and licking.</li> <li>Bring medication to a person on command or when alerted to do so by a timer/alarm.</li> <li>Stand in front of or circle an individual in crowded areas in order to create personal space in a passive, non-aggressive manner.</li> <li>Lead an individual safely to a building exit when experiencing an anxiety or panic attack.</li> <li>Get help by alerting another person or activate an emergency button or alert system.</li> <li>They are not trained to be guard dogs or act aggressive</li> </ul>
	Тур	pes of Cross-Trained As	
Mobility Assist/D	iabetic Alert eizure Response eizure Response/PTSD A iabetic Alert/Seizure Re iabetic Alert/Seizure Re	sponse	
Facility dogs are usually fo facility. They 'visit' with re Please note, this type dog	sidents and families tha	it come to the facility.	<b>Courthouse Facility Dog</b> "Courthouse facility dogs are professionally trained dogs working throughout the country in prosecutor's offices, child advocacy centers, and family courts. They primarily provide a calming influence during stressful legal proceedings. As legally neutral companions for witnesses during the investigation and prosecution of crimes, these dogs help the most vulnerable witnesses feel willing and able to describe what happened." (source: https://courthousedogs.org/)



#### \* SUBMITTING AN APPLICATION DOES NOT GUARANTEE YOU WILL RECEIVE A SERVICE DOG \*

#### **Preliminary Application Procedure**

- The <u>first step</u> in applying for a service dog from Service Dogs for America (SDA) is to fill out and submit the preliminary application attached to these instructions. If you are unable to download the application, please contact SDA and a paper copy can be sent to you. <u>Before submitting a preliminary application, please review</u> the following eligibility requirements:
  - Applicant must be 12 years of age or older and possess the physical and developmental capacity to handle a service dog independently.
  - Applicant must reside within the United States and be able to travel to the SDA campus in Jud, North Dakota, for training.
  - If applying for a PTSD service dog, applicant must meet both of the following criteria:
    - have an official PTSD diagnosis from a qualified and licensed mental health professional ;
    - be actively engaged in therapy for a minimum of one (1) year for the PTSD diagnosis.
  - Applicant must present a verifiable medical need for a service dog and understand SDA may not be able to train a dog specific to their needs.
  - Applicant must be available and willing to communicate with SDA staff throughout the application and placement process.
  - Applicant must demonstrate proficiency in handling a service dog at home and in a variety of public environments, while managing the dog's safety, behavior and working skills.
  - Applicant will be required to supply proof of financial resources sufficient for the care of a service dog, including veterinarian care.
- Preliminary Applications are reviewed monthly. If the applicant meets SDA's selection criteria, an approval letter will be sent out along with a full application packet.

# Full Application Procedure – APPLICANTS ARE ONLY ELIGIBLE FOR THIS NEXT STEP IF THEIR PRELIMINARY APPLICATION IS APPROVED.

- The <u>second step</u> in applying for a service dog is to return a full application to SDA including all necessary signatures and a **non-refundable \$50.00 application fee**. Applications returned without the \$50 fee will not be processed.
- Once all supporting documentation for the full application has been received, an independent Medical Review Board (MRB) reviews the application and determines final eligibility. The MRB bases their decision regarding service dog placement per the following criteria:
  - is a service dog necessary for the applicant so as to mitigate the applicant's disability
  - o can a service dog perform enough specific tasks so as benefit the applicant
  - o can the applicant properly care for and handle a service dog

#### Notification, Travel and Training Procedures

• Following the MRB's review of the full application, the applicant will be notified by mail as to whether their request for a service dog has been approved or denied or if the MRB needs additional information before making their decision. Approval of the application by the MRB does not guarantee the applicant will receive a service dog. SDA reserves the right to terminate the application and placement process at any time.



- If approved for a service dog, SDA's Executive Director will schedule the applicant for their Team Training at SDA's Jud, North Dakota, campus. SDA's Client Services Coordinator will also send out a welcome packet detailing all aspects of Team Training and the placement process. *NOTE:* "Team" denotes the pairing of an applicant with a service dog.
- <u>Team Training is a minimum, mandatory three (3) weeks</u>, and applicants must **successfully complete** their Team Training Course before leaving campus with their service dog. It is highly recommended to purchase travel insurance in conjunction with any airline or train tickets, in the event Team Training needs to be extended or cancelled.

# Arrival to campus and participation in Team Training does not guarantee an applicant will leave campus with a service dog. SDA reserves the right to stop placement at any time.

- All applicants traveling to the SDA campus are responsible for making their own travel arrangements, including ground transportation and attendant care (if necessary). There are two (2) fully-furnished guest cabins on campus that are available to applicants for Team Training. This lodging is included in the cost of the service dog, however while on campus applicants are responsible for their own groceries, toiletries, etc. If applicants prefer not to stay on campus, off-campus accommodations will need to be approved by SDA prior to arrival and will be the sole financial responsibility of the applicant.
- Prior to the applicant's arrival on campus, SDA will conduct either an in-home visit or a video tour of the applicant's home.
- Each applicant must be prepared to meet his/her own financial needs during Team Training, including outings and any equipment needs or modifications. Applicants with electric wheelchairs must plan on bringing or arranging for a manual wheelchair in the event of an electric wheelchair malfunction.
- Any individuals or family members accompanying the applicant in a supportive role are the responsibility of the
  applicant and are welcome to stay on campus with the applicant; their attendance during Team Training is at the
  discretion of the SDA training department.

## **Team Sponsor**

- Each Team is required to have a sponsor; this is not a financial sponsor but rather a mentor or advocate who will look after the best interest of the dog and report back to SDA.
- The sponsor has to be one or more individuals outside the applicant's immediate family who will agree to periodically check on the status of the Team and who will also agree to look after the dog should something happen to the applicant.
- The sponsor is not asked to intervene or take action unless an emergency exists or concerns arise that may include:
  - the dog is not being cared for properly, including veterinary care and vaccinations
  - the dog is not being used as per the contract, including established safekeeping practices
  - the applicant is not following training protocols
  - the applicant is experiencing additional medical/mental issues that place the dog at risk
  - o the applicant talks of surrendering or abandoning the dog



#### **Placement Interruption Procedure**

- <u>SDA is involved with the Team for the life of the dog, therefore SDA reserves the right to deny an applicant or terminate a placement at any time before, during or after Team Training and graduation.</u> Grounds for termination include, but are not limited to:
  - o applicant fails to handle the service dog according to SDA requirements
  - o applicant fails the Public Access Test required for the Team's graduation
  - o applicant handles his or her service dog in an abusive or negligent manner
  - o applicant becomes unable to care for the service dog
  - o applicant is not using the service dog as intended
  - o placement will jeopardize the dog's health, safety, or well-being
  - o SDA has grounds to believe the dog will not be able to meet the applicant's needs

#### Post-Placement Procedure

- After graduation, applicants will be expected to provide on-going information regarding the dog's work habits and public behavior. Applicants will be expected to make themselves available for aftercare calls and are required to meet SDA's criteria for Team certification renewal.
- Applicants will be expected to sign a release for their health provider(s), giving SDA access to contact them quarterly for the purpose of follow-up and to document any improvements in physical, emotional, and social interactions as a result of a service dog.
- Teams are required to return to campus at regular intervals post-graduation for public access recertification and additional training (if necessary). The guest cabins are available to the Team at no charge, however all travel expenses are the responsibility of the applicant. The recertification schedule is as follows:
  - o within 12 months following graduation
  - o every 24 months after the first year

## Failure to be compliant with required follow-up could result in repossession of the service dog or being declined for a successor dog placement.

#### Disclaimers

- All applicants will be considered regardless of race, gender, religion, creed, sexual orientation, and ethnic origin.
- Approved successor dog applicants have priority over first-time applicants.
- Wait time for training and placement will vary depending on specific needs of applicant and dog availability.
- SDA reserves the right to stop the application process, training and placement process at any time.



<b>Applicant Information</b>								
Date:		Title: 🗆 Mr. 🗆 Mrs. 🗆 Ms. 🗆 Miss						
First Name: Middle Initial:		Last Name:						
Name of Parent or Guardian (if applicable):								
Relationship to Applicar	nt:							
Age of Applicant:	e of Applicant: Gender: 🗆 Male 🗆 Female		Date o	of Birth:		Height:		Weight:
Address:								
City:		State:			Z	lip:		
Home Phone:		Cell Phone:						
Email:								
Work Phone:			Occupation:					
Have you ever served in the US Military?  Ves  No		Branch of Military Service:						
Date of Discharge:		Nature of Discharge:						
Have you ever been charged, arrested, or convicted of any offense or crime?  Yes D No								
If yes, explain:								

#### Description of Disability(ies)

(Facility Dog applicants proceed to the bottom of page 2)

Include <u>specific</u> information regarding your diagnosis(es), prognosis, and limitations. List all secondary physical and/or psychological diagnosis(es). Attach additional pages, if necessary.

What type of service dog would meet your needs? (Please check all that apply)

Seizure Response [Emergency Medical Response Service Dog]

**Diabetic Alert** (*Type 1 Diabetes Only*) [Emergency Medical Response Service Dog]

**Post-Traumatic Stress Disorder** (*PTSD Only*) [*Psychiatric Service Dog*]

(To apply for a PTSD Service dog you must have an official PTSD diagnosis AND be actively engaged in mental health therapy for PTSD for at least one (1) year, minimum)

Mobility Assistance Dog

**Facility Dog** (Facilities, Organizations, Businesses Only)

**Courthouse Dog** (Courthouse Dog Programs Only) Application of interest <u>only</u>. Courthouse Dog Program coming soon!

List the specific tasks you need a service dog to perform to mitigate your disability(ies).

THIS SECTION FOR FACILITY AND COURTHOUSE DOG APPLICANTS ONLY – Describe facility needs and tasks required of dog.

Ability to provide daily training, attention and care:		
A service dog needs daily training, attention and care.	Yes	No
Do you have time to spend with the dog?		
Are you able to exercise and toilet the dog, multiple times per day?		
Are you able to take the dog to the veterinarian?		
Are you able to groom the dog?		
Are you able to clean up after the dog goes to the bathroom?		
Will your service dog accompany you to school/work?		
Will your service dog accompany you on vacations?		
How many hours a day will your service dog be alone?hours/day		
Please explain:		

Please in	ndicate that you have read and agree to the following statements by placing your initials in box provided.
	If I should get approved to receive a service dog from Service Dogs for America (SDA), I will be required to travel to SDA's campus in Jud, ND for three weeks (minimum) of training, at my own expense.
	If I should get approved to receive a service dog from SDA, I understand the cost of a service dog from SDA is \$20,000. There are sometimes grant and fundraising opportunities available for qualified and approved applicants. Available grants are awarded on a first come, first serve basis.
	<ul> <li>I understand I must have a medical disability based on documented diagnosis/es (from a qualified and licensed medical and/or mental health professional) that warrants placement of a service dog.</li> <li>If applying for a PTSD service dog, I must have PTSD diagnosis (from a qualified and licensed mental health professional) and be actively engaged in therapy for a minimum of one year for my PTSD.</li> </ul>
	I understand the estimated yearly cost of caring for a service dog is roughly \$2,500 and I understand I am responsible for (and can afford) these expenses.
	If approved for a service dog from SDA, I understand I will be subject to a criminal background check and home visit prior to a service dog being placed in my care.
	I have read and fully understand the SDA procedure of application (including eligibility requirements and disclaimers), which was included with this preliminary application.
	I understand applying for a service dog from SDA does not guarantee I will receive a service dog from this organization.

I attest that the above statements are true and factual to the best of my knowledge. I consent to a criminal background check.

Signature:

Date:

(Signature of Parent or Guardian, if applicable)

All applicants will be considered regardless of race, gender, religion, creed, sexual orientation and ethnic origin.

## PLEASE MAIL, EMAIL, OR FAX THE COMPLETED PRELIMINARY APPLICATION FORM TO:

Service Dogs for America | 920 Short Street | Jud, ND 58454 Phone: 701-685-2242 | Fax: 877-783-6953

Email: <u>info@servicedogsforamerica.org</u> | Website: <u>www.servicedogsforamerica.org</u>



# What Every Caregiver Needs To Know About Service Dogs by Joan Froling (reprinted with permission)

IAADP has been frequently contacted over the years by parents and spouses seeking a service dog to assist them in watching over a disabled loved one with Alzheimer Disease, Downs Syndrome, Autism, TBI (traumatic brain injury), or some other serious cognitive impairment. They fear for the safety of the mentally disabled person. They want a dog trained to alert them if the cognitively impaired family member attempts to leave the house or the yard.

I view such requests with sympathy. It is exhausting to be constantly vigilant. I commend the person for leaving no stone unturned in the effort to keep a loved one safe. Then I level with them. As wonderful as service dogs can be, they are not the right kind of assistive technology for every disability and every situation.

While in theory it is possible to teach a service dog to perform a hearing dog type alert, responding to a bell jingling on a door or back yard gate when it is opened, it is wrong to put a dog in charge of a disabled person's safety. A dog is not capable of handling that kind of responsibility. The dog won't have the faintest idea that his failure to perform as desired could result in an injury to the disabled person or even a fatality. As trainers, we have no way to communicate to the dog the dangers posed by traffic, bullies or inclement weather to a mentally impaired patient. The best we can do is teach a dog that if he performs a certain behavior like barking or seeking out the caregiver in response to a certain stimulus like a bell, he can earn a treat and praise from a caregiver.

Unfortunately, earning a milkbone is not always the highest thing on a dog's priority list. If he is taking a nap or eliminating or watching a squirrel or chewing on a rawhide bone, he may be too preoccupied to respond as the family hopes for. Ill health, thunderstorms, anxiety over changes in the household routine or lack of practice are additional reasons why reliance on a service dog in this situation is akin to playing Russian Roulette.

I've been looking for alternative solutions for families in this predicament. I don't discount the therapeutic value of an assistance dog. I can appreciate the benefits of a facilitated partnership. But on a pragmatic basis, with regard to this particular safety issue, the caregiver needs to find something more dependable out there than a dog's desire to earn a treat.

I recently came across an innovative high tech device which seems quite promising. It is called an "Open Door Security Monitor." It is a wireless alarm system. Powered by batteries, the remote transmitters can be attached to doors, windows or gates without any tools being needed. One monitor can keep track of three transmitters. If anyone opens a door, window or gate to which a transmitter is attached, the small portable monitor emits an alarm and a light on the monitor changes from green to red to indicate which one of the exits have been breached. A caregiver can keep the monitor in the kitchen while she is cooking or on the night stand when she goes to bed. The photo advertising it shows a partially open front door with a baby crawling out of the house, graphically illustrating the kind of situation in which this Open Door Security Monitor could be worth its weight in gold.

*To obtain more information or place an order:* see the Hammacher Schlemmer Catalog <u>www.hammacher.com</u> (800)543-3366 (1) #64698H \$49.95 Monitor and One Transmitter. *Note:...*the monitor unit can display up to three transmitters on three different exits if you buy additional transmitters. (2) #65004H Additional Door Monitoring Transmitter \$29.95.

Another situation that keeps coming up is one in which a worried parent cannot be in the same room round the clock, seven days a week, watching over a family member with multiple disabilities or a disease with life threatening aspects. A number of mothers have called or written to IAADP seeking a service dog who can watch over a disabled child for a few hours in the afternoon while they do housework or at night while they sleep. The dog is expected to run and find her if the child has a seizure or respiratory crisis or some other serious medical emergency.



Expecting a dog to "go get help" without a command is commonplace after decades of exposure to fictional canine heroes like Lassie and Rin Tin Tin. I grew up in the 1950's watching Lassie and Rin Tin Tin save somebody in almost every television episode. It never occurred to me as a child that Hollywood scriptwriters might be distorting the way real dogs think and act. Today as dog trainer watching the re-runs, it is readily apparent Hollywood often endowed their canine protagonists with unusual reasoning powers and a fictional "rush to the rescue," instinct in the plots they cooked up. They probably regarded such embellishments as "harmless entertainment." Regrettably, the cumulative effect on the public is confusion about what can realistically be expected from a dog, especially one trained to be a service dog.

Misinterpretations of canine behavior compound the problem.

The first time a child has a seizure, a dog may run to "mom" for comfort because he is nervous about the strange behavior. The family assumes the dog came to alert them to the seizure as he is deeply concerned about the child's welfare. The dog's egocentric scaredy cat behavior could serve a useful purpose if it kept reoccurring. Typically, though, most dogs adapt rather quickly to new situations. Pretty soon, a seizure or some other kind of medical problem will become a "ho hum" event, just a normal part of everyday life in that household. The day will come when the dog no longer bothers to get up to nervously seek out reassurance from another family member.

While efforts to train a dog to respond to certain cues (symptoms) may be the game plan, you can't force a dog to medically monitor a patient and take action if certain symptoms occur. He may prefer to hang out with the caregiver or another family member rather than lying for hours next to somebody's bed, keeping vigil. Even dogs who bond closely with a bedridden child or adult can't be trusted to perform as we might wish they would. There will be days when that dog won't feel like interrupting his nap to go earn a cookie. He is not being "bad," or "stupid," he is just being a normal dog. He can't imagine the potentially tragic consequences of his failure to carry out the desired task.

For the sake of the disabled person's safety, I try to educate families that there are limits to what a service dog can reasonably be expected to do. No dog should ever be expected to function as a babysitter or respite caregiver.

Most families appreciate the honesty, for it spares them from going on a wild goose chase and it encourages them to explore alternative ways to improve the safety of a disabled loved one.

For a worried parent or spouse who can't spend all their time at a family member's bedside, catalogs like Sharper Image offer a wall mounted camera and a portable television monitor. The camera can transmit images of the sleeping child or adult to another room. This enhances the chances of detecting a seizure or some other medical emergency "in time." It allows a busy mom to cook dinner for the rest of the family without being tormented with anxiety about leaving the disabled person alone in a bedroom. The equipment which would allow her to keep a weather eye on a loved one costs about \$150. Whether viewed as an alternative to a service dog or as a sensible "back up plan," I'm delighted to discover this kind of security surveillance equipment has now become an affordable option for families in need of it.

I think it also could offer service dog trainers a marvelous training aid, enabling them to monitor the dog's behavior in another room during a real or simulated crisis. It might even enhance the team training in some cases, allowing a trainer to analyze and pinpoint why the dog is not performing as desired when alone with his new partner. [with the student's consent, of course] Additional coaching, specific to the disabled person's abilities and dog's temperament and the nature of the problem could be given to help the student overcome a service dog's resistance or confusion about a certain task.

IAADP's Information and Advocacy Center would like to compile a list of alternative or "back up" ideas for members of the public who seek to address serious safety issues with a service dog. If you someday come across an innovative idea, device or an actual service dog task which might help caregivers who are worried about the safety of disabled loved ones, please consider sharing it with IAADP.